

*The*  
***Art & Science***  
**of Medical Practice**  
*Applicable to all Pathies*



**Manu Kothari**  
**Lopa Mehta**

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The dream of medical practice is tending to turn sour, given the current materialism, technicalism, and progressivism. Be that as it may, it is imperative to restore to medical practice to its pristine dignity. The learned doctors and the lay patients need to appreciate the scope and limitations that govern, or should govern every clinical encounter.

This book highlights what medical practice actually is; how it calls for art; where science helps; where do prevention, research, science, statistics, technicality and clinical trials stand; cytofibernetics (dynamics of cells and fibers) as the limits to pathology. It evolves a concept of primopathy - the universal cure which every doctor practicing any pathy can use to provide ease to each patient he treats. It makes a doctor appreciate the noble heights to which he/she can rise to be a 'Dear and Glorious Physician', a 'Flower of our Civilization'. At the end, the book shows that medical ethics involves resolution of one's own inner dilemmas vis-à-vis the complexities that arise in medical practice. Finally, a torch is lit in form of "Ten Commendments". The physicians integrating these commendments into their thoughts, words and actions will scale the peak of nobility as practicing doctors.



Dr. Manu Kothari and his Mother (1984)

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